Recognize risk

- **Listen to your gut.** If you feel uncomfortable or think you or someone else might be at risk, take action.
- **Pay attention.** If you notice warning signs of abusive or controlling behavior, don’t ignore it. Say something.
- **Pay attention.** Vulnerability factors exist on campus for you and for your friends. Assailants will manipulate these to get what they want.
- **Remember.** Alcohol is a game changer; it is the #1 date rape drug.
- **Consent.** If you want to have sexual contact with someone, it is your responsibility to make sure they consent...enthusiastically!
- **Get involved.** Sexual violence is a community problem and demands a community solution. Join campus and community efforts to end sexual violence.

Intervene

- **Use a distraction.** Interrupt and start a conversation with the person or spill your drink. This will re-direct the person’s focus somewhere else and allow the potential target to move away and/or have other friends intervene.
- **Give a silent stare.** Remember you don’t have to speak to communicate. Sometimes a disapproving look can be far more powerful than words.
- **Recruit help.** Get friends or other people around you to help step in. There is safety and power in numbers.
- **Evaluate the situation** and the people involved to determine your best move. If your initial attempt to intervene doesn’t work or the person reacts badly, try a different approach.
- **Call Public Safety** if things get out of hand.
  - Department of Public Safety
    - 414-288-1911 (emergency)
    - 414-288-6800 (non-emergency)

Respond compassionately

Because friends are usually the first person a victim talks to, your role as a friend is particularly important in the early stages of recovery.

- **Believe** what has happened.
- **Listen,** but don’t press for details. This often results in the victim feeling blamed. Let your friend decide how much to share and when.
- **Remain calm,** supportive, and reassuring that the incident is not her or his fault.
- **Encourage,** but don’t force, the victim to seek medical attention and/or report the incident.
- **Offer to accompany** or help connect the victim with a campus or community resource:

  **Confidential resources:**
  - Counseling Center 414-288-7172
  - Sexual Assault Treatment Center 414-219-6555
  - Marquette University Medical Clinic 414-288-7184

  **Other campus resources:**
  - Victim Advocate 414-288-5244
  - Campus Ministry 414-288-6873
  - Gender & Sexuality Resource Center AMU 425
  - Your RA or Residence Hall Director

- **Take care of yourself.** Be sure to get plenty of rest as well as some relaxation time for yourself. It may be helpful for you to seek counseling in order to protect yourself from burning out on your friend

  *Marquette non-confidential resources are required to report all crimes, including sexual misconduct, to the Department of Public Safety. That information will be kept as private as possible.

Support...

Our Community

- Use respectful language and actions when talking about sex and relationships.
- Stop conversations that promote a culture of sexual violence and gender inequality.
- By placing this poster in your window, you are showing support for those affected by sexual violence and your commitment to contributing to a campus free of sexual misconduct.

For more information about

Marquette’s Sexual Misconduct Policy
go to:

www.marquette.edu/sexual-misconduct/